

## **2007 Prevention Trust Fund Grant Recipients**

### **3<sup>rd</sup> JD - Family Service and Guidance Center of Topeka    *The PEACE Keepers School Violence Prevention Program* (2<sup>nd</sup> year) \$5,383 (1<sup>st</sup> year) \$7,665**

The PEACE Keepers Program is a semester long group facilitated by trained Family Service and Guidance Center staff that will serve at least 30 children in 3<sup>rd</sup> through 5<sup>th</sup> grade at Quentin Heights Elementary School (USD 501, Topeka). Participants will be children who are at risk for engaging in acts of school violence or who have committed a violent act at school.

Participants interact with one another and the Group Leaders through role-playing and peer-to-peer interaction. Critical skills that enable children to avoid violence are taught in a safe, structured, and supervised setting. By developing coping and problem-solving skills through interactive exercises, PEACE Keepers offers children the opportunity to connect to their schools and communities through nonviolent, proactive approaches to conflict and anger.

Proposed outcomes include a 80% program completion rate as well as increases in participants' ability to appropriately express emotions, ability to interact positively with peers, ability to appropriately handle aggression, improvement in decision-making skills, and increased knowledge of anger management techniques and strategies. Participants will also avoid school suspension and involvement in school-related discipline incidents.

Budget:	\$3309	.154 FTE for Group Leaders	.02 FTE for Project Director
	710	Fringe Benefits	
	864	Travel	
	500	Supplies	
	5383	Total	

### **3<sup>rd</sup> JD - Girl Scouts of Kaw Valley Council    *Girls Scouts Beyond Bars* (2<sup>nd</sup> year) \$47,232 (1<sup>st</sup> year) \$51,232**

The Goals of the Girl Scouts Beyond Bars program are: 1) preserving the mother/daughter relationship during incarceration through planned visitations and opportunities for growth and 2) providing opportunities for leadership and skill development for both mothers and daughters through sound program opportunities.

Girl Scouts Beyond Bars provides girls a bi-weekly opportunity to visit their mothers incarcerated at the Topeka Correctional Facility and take part in a mother/daughter Girl Scout meeting. Troop meeting activities center around such topics as the arts, literacy, physical fitness and body image, character building, and leadership. In addition the girls and their mothers have facilitated discussions about family life, violence, and drug abuse prevention. The program is serving girls residing in 15 different communities across the state. There are currently 120 girls participants and 80 mothers participating in the program.

Budget:	\$13,600	.5 FTE coordinator and .2 FTE coordinator
	20,000	Travel transport girls to Topeka 2X a month
	10,332	Meeting Costs (meals)
	<u>3,500</u>	Curriculum and Program Supplies
	\$47,432	

**3<sup>rd</sup> JD - Shawnee County Family Resource Center    *Community Service Program*  
(2<sup>nd</sup> year) \$66,927 (1<sup>st</sup> year) \$66,927**

The purpose of Community Service Program is to decrease risk factors and increase protective factors for Shawnee County student's who are at risk of academic failure or who have been expelled or suspended from school. Students who participate in the program have the opportunity to complete academic credits; participate in therapeutic life skills groups; be trained in service learning and complete community service hours; have a social work assessment with access to appropriate community resource referrals and case management services provided; and be assessed and referred for on-site drug and alcohol treatment as needed. Students attending the Community Service Program are determined by the schools as at risk for academic failure or long-term suspended (30 days or longer) or expelled from a traditional school setting. Students range in age from 12-18 years and are enrolled in grades 7-12. The program will serve a minimum of 24 students referred from any of three Shawnee County suburban school districts – Shawnee Heights, Seaman or Auburn-Washburn Rural. Each school district is purchasing 8 seats at a cost of \$ for a total of \$102,168, doubling the financial commitment of the schools. They have also expanded the target population to serve students who are at risk of academic failure.

Budget:	\$47,811	1.0 FTE Program Coordinator and .5 FTE Social Worker
	13028	Fringe Benefits
	1,050	Travel
	1,000	Supplies
	695	Equipment
	2,343	Administrative Costs
	1,000	Training
	66,927	Total

**5<sup>th</sup> JD - USD 253    *Project QUEST*    (2<sup>nd</sup> year) \$70,000 (1<sup>st</sup> year) \$70,000**

The Emporia Public Schools, through Project QUEST will collaborate with community partners to address prevention of delinquency as related to academic failure, antisocial behavior, lack of social skills and opportunities for positive involvement by reducing the number of youth ages 10-14 that have unstructured and unsupervised free time.

The after school programs will be provided at Lowther Intermediate schools (grades 5/6) and Emporia Middle School (grades 7/8). The total number of students offered services will be 1,411. Students targeted for structured academic remediation through a formal referral process will be the 10 - 12% with the greatest needs. 80% of others referred by school staff, service agencies, and parent and self-referral for antisocial behavior and academic intervention will also be targeted. All students will be offered academic intervention through tutoring, and homework help, and activities encompassing youth development, academic enrichment, career awareness, and community service-learning.

The expected outcomes include: 85% of student population attending 30 days or more and reporting satisfaction; 75% of those exhibiting no suspensions, no excessive absenteeism, reduced substance use, and improved GPA.

Budget:	50,000	2 full time site coordinators
	4,140	fringe benefits
	12,928	Supplies for after school sites
	2,932	Student Transportation (student excursions)
	70,000	Total

**15<sup>th</sup> JD - Regional Prevention Center of Northwest Kansas *Northwest Kansas After School Project (NKAP)* (2<sup>nd</sup> year) \$19,321 (1<sup>st</sup> year) - \$19,321**

The purpose of the proposed Northwest Kansas After school Project (NKAP) is to expand and enhance two after school programs that were piloted in Colby and Goodland. The model program, *Too Good for Drugs and Violence* (TGDV), will be implemented by trained staff in both community-based programs. This primary prevention project is intended to impact elementary students and their families by providing a safe place for children to go after school, where trained adults provide healthy snacks, constructive activities and tutoring. NKAP is designed to reduce the three risk factors of favorable attitudes to drug use, peer drug use and early initiation to drug use and to increase the protective factor of social skills.

The target population in Colby is 30 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> grade students. The target population in Goodland is 35 1<sup>st</sup> through 4<sup>th</sup> grade students and the “littles” in the Big Brother Big Sister program

The 90 hours of direct services will be provided through the program in Colby for 20 weeks, three days a week; 120 hours in the Goodland program for 20 weeks, four days per week. The program has not been implemented in Oberlin as planned initially.

Budget;	\$ 5,600	20% Project Director Salary
	1,156	Fringe Benefits
	240	Supplies
	2,935	Training Costs, includes in-service
	2,625	Colby Program (room rental, snacks, supplies)

6,375	Goodland Program (site coordinator, snacks, supplies)
390	Travel
19,321	Total

**18<sup>th</sup> JD - Mental Health Association of South Central Kansas *Pathways***  
**(2<sup>nd</sup> year) \$40,000, (1<sup>st</sup> year \$40,000)**

The Mental Health Association of South Central Kansas (MHASCK) is expanding the Pathways Program by 300 children and youth(c/y), ages 12 to 17, in Sedgwick County. C/y participants will be identified as having risk factors for juvenile delinquency, and will be referred by teachers and others who work with them in community agencies. They will participate in groups of 10-12 in twelve weekly sessions, utilizing Youth Matters curriculum and for older teens, materials on problem-solving, conflict resolution, communication, anger management, gang and bullying issues. Pre- and post-testing will be conducted; teachers and parents will be asked to complete satisfaction surveys. The overall goal is to reduce risk factors for juvenile delinquency and substance abuse, as well as to increase protective factors, including commitment to school and positive problem-solving competencies, utilizing evidence-based practices, focused on addressing Communities That Care risk factors in youth.

Budget:\$ 25,720	.28 FTE Program Director and .38 FTE Program Coordinator .25 FTE Program Administrator
5,387	Fringe Benefits
2,004	Travel
585	Miscellaneous
4,372	Indirect Costs (17% of salaries)
1,072	Occupancy
600	Incentive
900	End of Session Celebration
40,000	Total

**18<sup>th</sup> JD - Rainbows United, Inc. *“Proud of Me” Therapeutic Preschool Project***  
**(2<sup>nd</sup> year) \$62,862 (1<sup>st</sup> year) \$62,862**

The “Proud of Me” Therapeutic Preschool Project will increase school readiness and pro-social skills among Sedgwick County children with serious emotional disturbance (SED). A total of 16 children ages 3 through 5 will attend a year-round therapeutic preschool session five days a week at a Rainbows early intervention center. Three bachelor’s level staff trained in the Conscious Discipline approach and a trained assistant will staff each classroom of eight children. A parent coach will work intensively with families to provide family support and education promote carryover of skills learned in the center, develop home behavior management programs, and provide opportunities for parents to come together for education, guidance and mutual support.

The “Proud of Me” Therapeutic Preschool is a public/private partnership between Rainbows United, Inc. and COMCARE Family and Children Community Services (FCCS) of Sedgwick County. The cost of the services will be partially offset by Medicaid billings submitted by COMCARE. The JDTF grant will support the parent coach and other non-billable services that are integral components of a service delivery model that effectively partners with and actively engages families to achieve desired outcomes.

Budget:	\$25,959	Full-time Coach
	4,079	.1 Program Coordinator
	4,293	.10 Occupational Therapist
	6,180	Fringe Benefits
	3,100	Travel
	2,032	Consultants (interpreter, nutritionist, MH consultant)
	3,611	Supplies
	8,952	Flex fund, child care, staff training
	4,656	Indirect at 8%
	\$62,862	Total

**21<sup>st</sup> JD - Regional Prevention Center of Northwest Kansas    *Youth as Resources*  
(2<sup>nd</sup> year) \$19,440 (1<sup>st</sup> year) \$33,161**

Youth as Resources (YAR) is a community based program that provides small grants to young people to design and carry out service-learning projects. These projects address social problems and contribute to community involvement and improvement. YAR gives youth the opportunity to engage in alternative programs while developing skills and becoming positively involved in the community.

Based on the Communities That Care model, youth who contribute in meaningful ways to their communities and get recognized for their efforts are less likely to engage in high-risk behaviors. Through service-learning projects, youth participants will begin to bond with the community and its members, making the choice of engaging in high-risk behaviors more difficult. Youth gain experience in leadership, teamwork and commitment, while communities gain strong partnerships between youth and adults, as well as an invaluable resource of youth energy and determination.

Young people identify a problem in their community and design a project to combat the issue. Once they have designed the project, the youth complete a grant application requesting funding from Youth as Resources, and present their proposals at an advisory board meeting. The advisory board, which is comprised of 75% youth and 25% adults, is then solely responsible for discussing and making decisions about the project. If funded, the requesting youth are provided with money to complete their project, and are responsible for completing and submitting all necessary contracts and paperwork throughout the process. All projects must have an adult advisor, but the adult may only

provide supervision, and may not serve as a key participant in the project or completing paperwork.

The Regional Prevention Center of Northeast Kansas will no longer employ a full time YAR Coordinator and will train county YAR advisory boards to be self-sustaining coalitions and provide youth more opportunity for leadership.

Budget:	2,000	Supplies
	15,000	Grants Awarded to Youth
	1,000	Advisory Board Expenses
	1,440	Indirect Cost
	19,440	Total